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with additional needs?

3. What are the outcomes for

## Changing patterns of need

- 1. Can waiting times for specialist support and diagnoses impact on children and young people health outcomes?
- 2. What about the needs of children and young people who acquire disabilities (i.e., brain injury)?
- 3. What are the variations in type of need for children and young people across the country?

## 3.1 Experiences of additional support

The survey asked young people and parents to answer questions about a specific child in their family with additional needs. What kind of support were these children getting?

Adaptations to learning (mentioned in 35% of responses), including extra time for classes and assessments, as well as breaking down instructions for tasks.

Specialist equipment (mentioned in 30% of responses), including laptops, sensory toys, mobility equipment, adjustable desk spaces and specialist apparatus, e.g., trampolines

One-to-one support (mentioned in 35% of responses), including teaching assistants and support with learning, as well as for facilitating socialising with peers.

Break -out spaces (mentioned in 25% of responses), including non-stimulating environments to escape to when overwhelmed or in need of a break.

Wellbeing activities (mentioned in 21% of responses), including movement breaks, animal therapy, sensory circuits, music, yoga, swimming, art therapy and Touch Talk.

Professional input (mentioned in 18% of responses), including speech and language therapists, occupational therapists, and medically trained staff.

Supporting activities of daily living (mentioned in 9% of responses), including eating and going to the toilet, as well as developing life skills, e.g., going to the shops.

Communication with parents (mentioned in 9% of responses), including frequent contact with caregivers (by email or phone) throughout the day with updates.

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