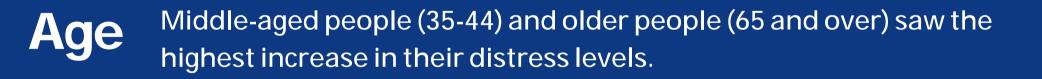
A nation in distress

There was a sustained increase in mental distress in the UK during the COVID-19 pandemic, according to results from 11 longitudinal studies.

But the pandemic did not a ect everyone equally





year olds are the most likely to have had primary school aged children to care for and home school during lockdown.

