Good practices for cybersecurity behaviour change interventions

target audience, as we saw that for example senior citizens may not be able to learn at the same pace as youngsters (Blackwood-Brown et al., 2019). Slower, time-spaced trainings could prove to be a better fit depending on the circumstances.2 (s) -2 a -4(1 1 Tf [(ci)-1 (9) -1 ())-3 (.) -3 ()-1 (9)11g) 3-2 (ances) -2 sn1 (9)11gancesee

Introduction

Cyber security should be an integral part of people's decision-making processes wh(r) -5 (o)6qil 7cm BT-0.0053 T

weakness can be addressed by raising awareness and breeding good practices for everyone. We performed a systematic literature review of all studies related to the effectiveness of online behaviour change interventions. After filtering, a very low number of 13 relevant items were eventually found. We were able to gather from these, evidence of good and bad practices. However, it is clear, that there is a lack of research in the domain.

This review focuses on how effective various "behaviour change interventions" in cybersecurity are altering the short-term as well as long-term behaviour of persons in a variety of populations or contexts.

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