

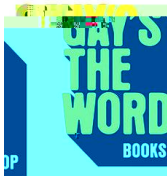
LGBTQ+ (Lesbian, Gay, Bisexual, Trans*, Queer, plus) Resource List

LGBTQ+ Wellbeing Support



3 [/RQGRQ /*%74 &RPPXQLW\ &HQWUH](#)

7KH /RQGRQ /*%74 &RPPXQLW\ &HQWUH LV D VREH
FRPPXQLW\ FHQWUH DQG FDIp ZKHUH DOO /*%7
ZHOFRPH VXSSRUWHG FDQ EXLOG FRQQHFWLRQV



3 [*D\ V WKH :RUG](#)

D\ V 7KH :RUG LV WKH 8. V ROGHVW /%7 ERRNVK
WRXFKVWRQH IRU WKH EURDGHU /*%7 FRPPXQLW\



3 [6ZLWFKERDUG](#)

An LGBTQ+ helpline based in London that can take calls from anywhere in the UK, available 10am to 11pm.



3 [0LQG2XW /*%74 2QOLQH 6XSSRUW](#)

Our Online Support Live Chat is confidential, non-judgmental and anonymous. We are open on Monday, Tuesday and Wednesday afternoons. MindOut offers more services for those located in Brighton and Hove via their website.



3 [3URMHFW /*%74](#)

Project LGBTQ+ is an initiative launched by Hongkongers in Britain (HKB) in April 2023, aimed at providing support for LGBTQ+ Hongkongers living in the UK and promoting equality in the Hongkonger communities in the UK.

LGBTQ+

3 [6XUYLYRUV 8.](#)

:H SURYLGH D QDWLRQDO RQOLQH KHOSOLQH LQ
FRXQVHOOLQJ IRU ER\ELRQ\DSGRSQ DJHG ZH
KDYH H[SHULHQFHG VH[XDO YLROHQFH DW DQ\ WL
DOVR RIIHU HPRWLW\ DEXVH SRUWV XVWLFH V\VWH
VXSSRUW IRU IULHQGV DQG IDPLOLHV RI VXUYLYR
SURIHVVRURQDOV DQG R\JUDQLYRULRQ\ DV ,69\$
VHUYLEFH IRU PHQDQRSHRSOH

3 [/*%7 \)RXQGDWLRQ](#)

:H DUH D QDWLRQDO FKDULW\ ZLWK /*%74 KHDOW
WKH KHDUW RI HYHU\WKLQJ ZH GR :H FHOHEUDW
/*%74 LQGLYLGXDOV DQG RXU GLYHUVH FRPPXQL
WKHLU IXOO SRWHQWLF\ WR EH H\VLGHDFURVV WKH
RQOLQH EXW PRVW RQO\ IRU UHVLGHQWV RI *UHD

LGBTQ+ Housing Support

3 [6WRQHZDOO +RXVLQJ](#)

:H·UH WKH OHDGLQJ QDWLRQDO FKDULW\ VXSSRUW
ELVH[XDO WUDQV DQG TXHHU /*%74 SHRSOH RI
LQ WKH 8. DQG DUH H[SHULHQFLQJ KRPHOHVVQHVV
XQVDIH HQYLURQPHQW)RXQG HG LQ ZH SURY
DGYLFH PHQDQRSHRSOH\ DQG VXSSRUW IRU SH
GRPHVWLF DEXVH :H DOVR KDYH D VDIH DFFRPPR
/RQGRQ

3

VHUYLFHV GXH WR KLVWRULFDO DQG SUHVHQW SU
LQ WKHLU KRPHV

LGBTQ+ Religious Support



3 [1DJ 0DWW \)RXQG DWLRQ](#)

Naz and Matt Foundation exists to empower and support LGBTQI+ (Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, and Intersex) individuals, their friends and family to work towards resolving challenges linked to sexuality or gender identity, particularly where religion is heavily influencing the situation.



3 [+LGD\DK](#)

+LGD\DK /*%74, LV D FKDULW\ IRU 4XHHU 0XVOLPV
RIIHU D PHQWRULQJ VFKHPH WR VXSSRUW /*%7



3 [6DUEDW](#)

6DUEDW LV D ~~ORGANIZATION~~ DGGUHVVLQJ /*%7 LVVX
6LNK SHUVSHFWLYH D UHVRXUFH SDJH DQG RSS
WR YROXQWHHU



3 ['LYHUVH & KXUFK](#)

'LYHUVH & KXUFK SURYLGHV SDVWRUDO FDUH DQG
HQFRXUDJHV /*%74, \$ & KULVWLDQV WR JURZ LQ W

LGBTQ+ Legal and Immigration Support



3 [5DLQERZ 0LJUDWLRQ](#)

5DLQERZ 0LJUDWLRQ VXSSRUWV OHVELDQ JD\ EL
DQG LQWHUVH[/*%74, SHRSOH WKURXJK WKH D
LPPLJUDWLRQ V\VWHP

3 [7UDQV /HJDO &OLQLF](#)

7KH PLVVLRQ RI WKH 7UDQV /HJDO &OLQLF LV VLP
DQG DFFHVVLEOH OHJDO KHOS WR QMUD SWRSHOH
LQ QHHG

LGBTQ+ Disability Support

3 [5HJDUG](#)

5HJDUG LV D QDWLRQDO RUJDQLVDWLRQ RI OHVE
ELVH[XDOV WUDQVJHQGHU DQG TXHHU SHRSOH /
LGHQWL\ DV GLVDEOHG :H IROORZ WKH 6RFLDO

3 ['HDI 5DLQERZ 1HWZRUN](#)

:H DLP WR SURYLGH LQIRUPDWLRQ DQG UHVRXUFH
/*%7,4\$ SHRSOH DORQJ ZLWK HYHU\RQH HOVH

3 [3DUD3ULGH](#)

3DUD3ULGH LV D QHZ FKDULW\ WKDW IRFXVHV RQ
EHWZHHQ WKH GLVDEOHG DQG WKH /*%74 FRPPXC
H[LVWV WR HQVXUH WKH H[SHULHQFH RI DOO PHP
FRPPXQLW\ LV IXQ ZHOFRPLQJ DQG HTXDO

LGBTQ+ International Support

China

3 [3\)/\\$* &KLQD](#)

3/\$* \$ JURXS IRU SDUHQWV IDPLOLHV DG
RI /*%7 SHRSOH WKDW ZRUNV WR VXSSRUW /*%7 S
:HEVLWH L&KEGMDHG (QJOLVK

3 [2XW &KLQD](#)

\$ JURXS DQG RQOLQH SODWIRUP UDLVLQJ DZDUHC

Japan

3 [6WRQHZDOO -DSDQ](#)

6WRQHZDOO D D \$ Q Q V H N L Q J F R P P X Q L W \ J U R X S I F
/*%74,\$ SHRSOH SURYLGLQJ LQIRUPDWLRQ DQG
DV D VDIH VSDFH IRU QHWZRUNLQJ

3 [2&&85](#)

2&&85)² DQ /*%7 JURXS IRFXVLQJ RQ OHJDO DX